

Dont Bullsh T Yourself Crush The Excuses That Are Holding You Back

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~~Don't Bullsh*t Yourself!: Crush the Excuses That Are Holding You Back by. Jon Taffer. 3.90 · Rating details · 266 ratings · 43 reviews New York Times Bestseller and Wall Street Journal Bestseller! Bar Rescue's Jon Taffer presents a new guide to getting what you want in life and business--to stop making excuses so you can get back to winning.~~

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Don't Bullsh*t Yourself! : Crush the Excuses That Are Holding You Back by Jon Taffer (2018, Hardcover)

~~Don't Bullsh*t Yourself! : Crush the Excuses That Are ...~~

If you can stop bullsh*tting yourself and address your real issues, you will gain the power to turn your life around completely. Taffer breaks excuses down into six major categories, illustrating them with real-life examples such as Marcus Luttrell, the lone survivor of a SEAL team mission in Afghanistan who barely escaped Taliban territory, and Christine King, founder and CEO of Your Best Fit, who, despite being paralyzed in a horrific boating accident, went on to build a successful fitness ...

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Don't Bullsh*t Yourself! is a brutally honest, no-nonsense guide that will help you kick those excuses to the curb. If you can stop bullsh*tting yourself and address your real issues, you will gain the power to turn your life around completely.

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Jon Taffer just wrote a book, Don't Bullsh*t Yourself: Crush the Excuses That Are Holding You Back, where he takes what he knows about turning around failing bars (which ultimately comes down to...

~~Do These 6 Things to Crush the Excuses That Are Holding ...~~

Don't Bullsh*t Yourself! is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb. If you can stop bullsh*tting yourself and address your real issues, you will gain the power to turn your life around completely.

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This book is almost as good as having Jon in your face on Bar Rescue, telling you the hard truths you've been avoiding. Don't Bullsh*t Yourself is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb.

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1. Fear 2. Lack of knowledge 3. Lack of time 4. Circumstances 5. Ego and lack of confidence 6. Scarcity (lack of funds or resources)

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Details: Jon Taffer, the popular host of Spike TV's Bar Rescue, doesn't sugarcoat - he tells it like it is. In Don't Bullsh*t Yourself!, he teaches you how to stop fooling yourself and turn your excuses into solutions, to improve your life and business.. As host of SpikeTV's hugely popular Bar Rescue, Jon Taffer gives struggling bars one last chance to succeed with a mixture of business acumen ...

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Don't Bullsh*t Yourself! is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb. If you can stop bullsh*tting yourself and address your real issues, you will gain the power to turn your life around completely.

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